



Fall Kitchen Food Reset

RESET

- ☐ Toss expired or old items
- ☐ Wipe down shelves + drawers
- ☐ Combine duplicates
- ☐ Organize foods by category
- ☐ Check pantry staples
- ☐ Check refrigerator essentials
- ☐ Check freezer items
- ☐ Check spices + seasonings
- ☐ Check baking supplies
- ☐ Label mystery items
- ☐ Make a use it up list
- ☐ Make room for fall favorites



USE IT UP

FRIDGE

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

FREEZER

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

PANTRY

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



Fall Kitchen Food Reset

RESTOCK

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

FALL STAPLES I WANT ON HAND

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐



Fall Favorites to Make



COZY MEALS TO MAKE

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

FALL BAKING LIST

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

BREAKFAST, SNACKS & DRINKS

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

MAKE-AHEAD PLANS

Ideas: soup or chili for the freezer, make-ahead breakfast, baked treat, freezer-friendly dinner.

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐